S.A.M.’s 5K (RRCA Hawaii State Championship Race)

Date: Sunday, December 6, 2015

Sunday, December 4, 2016

Pre-race Press Release? Yes. Hawaii Sport Magazine, October 2015

Shirt? YES

Packet Pick-up? YES, Saturday, December 5, 2015 from 10am-2pm, at the Running Room, 819 Kapahulu Ave.

Course layout/map: Starts on Monsarrat Avenue (Waikiki Shell parking lot) and proceeds clockwise for 1¾ laps around the park, finishing at marathon finish line.

Equipment needed from the Storage Locker:

Tables (4) Cash Box

Tent Pens

Chairs, folding (4) Safety Pins

Coolers (2) Bullhorn

Lamp Preprinted Signs

Cones needed?

Course Marshals? Yes. Monsarrat and Paki, Paki and Kalakaua

Aid Stations?

Finish Line Volunteers? Yes. Chip pickers.

Other Volunteers?

EMTs/Ambulance? NO.

Port-a-Potties?

Type of Awards? Medals

Post-race Press Release (results)? Sam Aucoin

Other: Jon Haik, son of Silvia Martz gets involved.



