



**Mid-Pacific Road Runners Executive Committee Meeting
Minutes of Special Meeting
December 1, 2018, 4561 Aukai Avenue**

Summary of Actions Taken By the Board

- 1. Approved to provide training for the GAR in-training sessions.**
- 2. Approved to assist with the Keiki Great Aloha Run. On February 9, 2019.**
- 3. Approved to increase the MPRRC membership fee by \$5 for all categories except students and lifetime members, effective April 1, 2019.**
- 4. Approved to split the profits 50/50 with the Pacific Gateway Center, instead of the \$1,000 we had requested previously.**



**Mid-Pacific Road Runners Executive Committee Meeting
Minutes of Special Meeting
December 1, 2018, 4561 Aukai Avenue**

Call to Order: By Ron Alford

Time: 10:12 a.m.

Present: Betty Gail Alford, Kawika Carlson, Sam Aucoin, Judith Inazu, Halina Zaleski, Chris Mewhort, Ron Alford

A. Great Aloha Run In-Training

- The GAR contacted MPRRC to request their assistance in managing the in-training sessions on Sunday morning.
- Nine sessions in all (12/16, 12/23, 12/30, 1/6, 1/13, 1/20, 1/27, 2/3, 2/10) from 6:45 a.m. until approximately 8:00 a.m. The GAR is on February 18.
- Five pace groups (fast, medium, slow, walk/jog, and walk). 2-3 pacers for each group would be ideal so can take turns pacing. Someone also needed to watch over the refreshment table during the training session. Possible pacers: Lori Nishida, Kawika Carlson (fast or medium), Chris Mewhort, Judith Inazu (slow and run/walk), Betty Gail and Eric Osaki (walk). Ron will also try to recruit from the marathon clinic pacers.
- Three of these sessions overlap with MPRRC races on Jan. 6 (Bob&Ron 5K), Jan. 27 (Chapson 8K), and Feb. 3 (Faerber's 10K). Post-race refreshments can be coordinated with the in-training session.
- GAR will supply powerade; we can provide additional refreshments if we want to, except for the last session, which Carole Kai will provide for.
- Each session begins with a speaker. First session speakers will be Carole Kai and Brent Imonen. Other possible speakers are Gaston Ly (shoes), Motoki Nakamura (Jaco Rehab), Jack Scaff, Sam Aucoin (timing), Alan Titchenal (nutrition).
- Can recruit for our races at these training sessions. Betty Gail might be able to provide a goody bag for those who sign up for MPRRC membership.
- **Approved to provide training for the GAR in-training sessions.**

B. Keiki Great Aloha Run

- Saturday, February 9, 8:00 a.m., Ala Moana park, 1.5 M
- MPRRC volunteers needed; approximately 2,200 keiki will run; donations to schools; Silver Streaks run is the same day.
- **Approved to assist with the Keiki Great Aloha Run.**

C. Budget

- Chris' draft 2019 budget projects a loss of \$5,146, based on revenues and expenses from 2018.
- To offset the projected deficit, the club can consider increasing memberships, increasing the price of memberships, or reducing costs. One of the main contributors to the deficit is the cost of police support.
- Continue to actively seek race venues which require fewer police officers.

- Other ways to increase revenue were discussed, e.g., solicit donations for the annual dinner, charge full or partial price for the annual dinner; have a raffle or silent auction. Betty Gail will discuss ideas with the Social Committee.
- **Approved to increase the MPRRC membership fee by \$5 for all categories except students and lifetime members, effective April 1, 2019.**

D. 5K run/Walk for Kupuna

- On May 15, 2018, the MPRRC Executive Committee approved a motion requesting \$1,000 from the Pacific Gateway Center to assist in this race. However, the race did not attract as many participants as anticipated so revenues were down.
- **It was approved to split the profits 50/50 with the Pacific Gateway Center, instead of the \$1,000 we had requested previously.**

Meeting Adjourned: Time 11:35 a.m.

