



VAL NOLASCO 1/2 MARATHON

RACE ROUTE OUT

- Start at Kalakaua, next to Kapiolani Park
- Move clockwise to Diamond Head Rd
- Right on 18th Ave, then right on Kilauea Ave
- Right on Kalaniana'ole Hwy

RACE RETURN ROUTE

- U-turn on Kalaniana'ole Hwy near West Hind Dr
- Head back and take a left on Kealaolu Ave
- Right on Kahala Ave (becomes Diamond Head Rd)
- Left on Kalakaua Ave and finish where you started

AID STATIONS

Come well hydrated. There are 6 aid stations on the course, serving cold water and Gatorade. Please don't pass without getting a drink. We're expecting a humid race and hydration is key.

