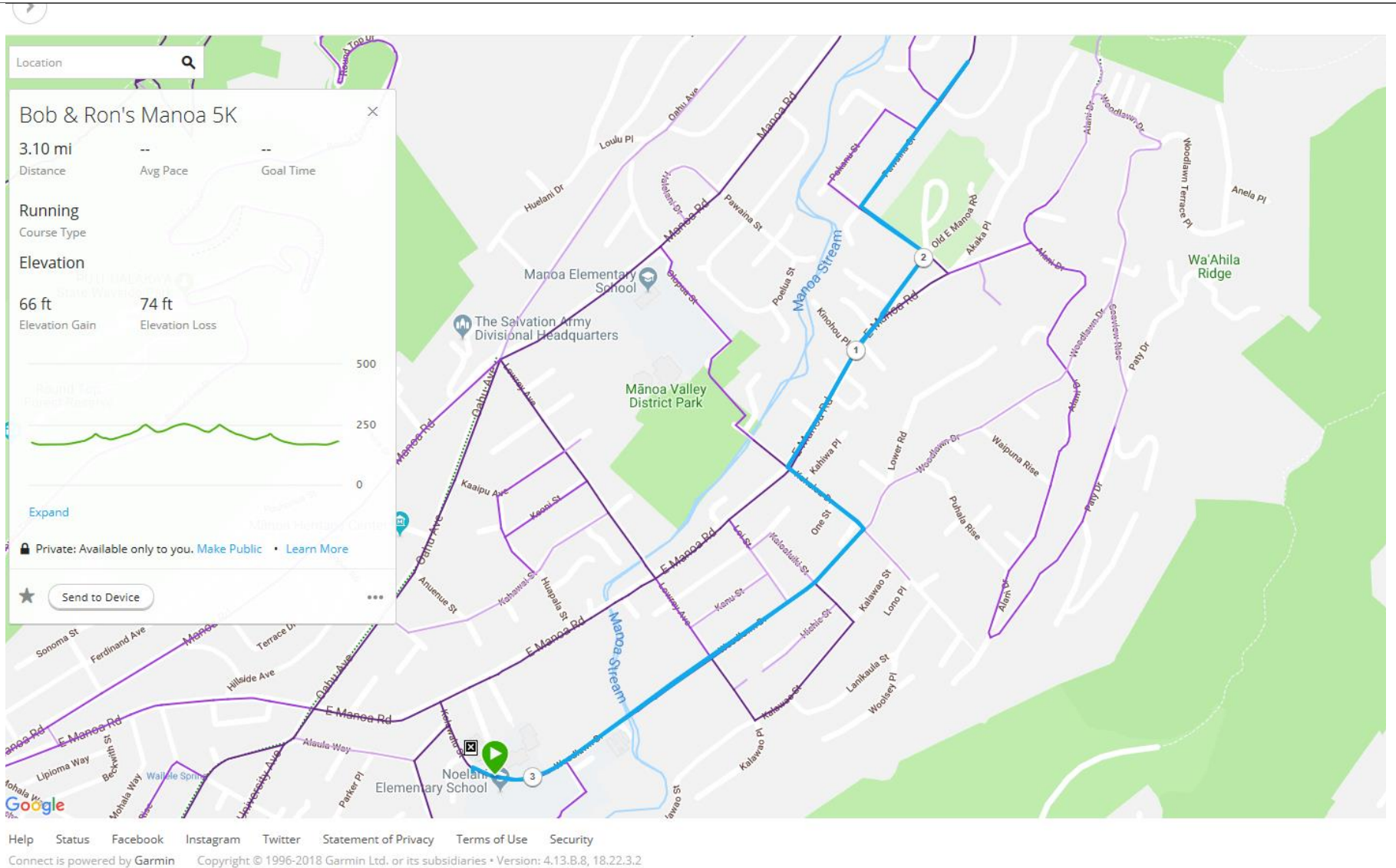


Bob & Ron's Manoa 5K



Bob & Ron's Manoa 5K is an out and back course that begins at Neolani Elementary School, 2655 Woodlawn Dr. to Kahaloa Dr., turn left and go to East Manoa Road onto Old East Manoa Road (bear left at the split), left on Pakanu St., right on Pawaina St. to the turnaround point and back the same way to finish in the parking lot at Neolani Elementary School.