



# Mid-Pacific Road Runners Club

## Honolulu, Hawaii

### Event Safety Protocol

**Notice to the public:** The safety rules will be posted on our club website as well as on the online registration site for each event along with the following - NOTE: ***If you feel ill or have flu-like symptoms (coughing, sneezing, elevated temperature, etc.) please stay home. We love that you want to compete, but safety is paramount.***

**Registration:** There will be no race day registration. All registrations must be done online. If there is a cap on registration to comply with current City/County rules it will be posted on the registration site. The registration software will be set to stop allowing registrations once the cap is reached so that no additional registrations will be accepted. No event day registrations will be allowed. Registered participants will be prohibited from switching bib numbers with another person and may not give their bib number to another person without the permission of the race director and using the “switch bib” option online to enter the identifying information of the substitute participant.

**Event Day:** There will be at least one volunteer who will act as the event day safety manager whose job is to monitor the start/finish area to assist participants, answer questions, and ensure compliance with all safety procedures. There will be hand sanitizer available, as needed, and participants will maintain social distance throughout the event. Participants who do not have a mask will be provided one. Participants will be notified that they must bring their own water or other fluids. There will be a water barrel available for participants to refill their personal water bottle/container. Disinfectant wipes will be available to wipe down the spout/handle prior to use. Participants will not be allowed to congregate around the water refill station or anywhere else in the start/finish area.

**Sanitation:** Hand sanitizer and disinfectant wipes will be available for all high touch areas such as port-a-johns. If there are public restrooms available, hand soap and paper towels will be provided at each sink for handwashing.

**Check-in:** On the day of the event all participants, volunteers, and spectators will need to wear a face covering the entire time (except when running). Two areas will be set up to hand out bib numbers alphabetically A thru L and M thru Z. Participants will cue up at the appropriate area one at a time maintaining social distance. Markers will be placed on the ground to guide participants in maintaining proper social distance in the line. Check-in volunteers will be stationed in a clearly marked tent behind a clear plastic barrier. The person at the front of the line will provide their name to the volunteer inside the tent behind the clear plastic barrier. The volunteer (masked and gloved) will place the appropriate bib (and any other check-in items) where the participant can reach through a small opening in the plastic barrier and retrieve it. The volunteer will tell the participant their wave (corral) number (1, 2, or 3) for use at the wave start.

**Start/Finish:** The start line will be clearly marked. A wave start will be used to send groups of participants across the start line at the proper time. Behind the start mat will be designated areas marked for each wave. These are the start waves. Each area will have markers six feet apart with three abreast to maintain social distance. After participants get their bib pinned on, they will be directed to go their assigned area and stand by a marker. Area (wave) 1 will be directly behind the start line and start first. Subsequent waves will be separate but directly behind Area 1 and marked off with large number signs for easy identification. Participants in those waves will go to the appropriate area to await the start of their wave while maintaining social distance in the corral. When the 1<sup>st</sup> Wave starts and has moved past the start line, the next Wave will move forward to stand at a marker behind the start line to await their start. The process will repeat for all subsequent waves.

**Finish Line:** The finish line will have separated lanes. A volunteer will direct participants into a vacant finish lane to prevent crowding in the finish chutes. Once participants cross the finish line timing mat, the lanes will veer out right and left to further separate finishers. An additional volunteer will be monitoring each chute to assist any participants in difficulty and to keep finishers moving to the end of the chute and beyond.

**After the Race:** Pre-packaged snacks will be available in the same tent used for registration using the same “pass through” method. Participants will be encouraged to depart the area once they have cooled down from the event.

**Results:** There will be overall awards for the top three finishers (male and female) as well as age group awards. No results will be posted at the finish area. The results will be online only. Overall awards (top three males and females) may be presented after the race at social distance. Age group awards will be available after the race at The Running Room, 819 Kapahulu Ave.

**Final Note:** *The COVID-19 virus is serious business. Anyone who refuses to abide by the safety rules will be disqualified from the race and banned from future events.*