

MPRRC and the Hawaii Running Project (HRP) offer group training opportunities for all levels of runners and walkers. Come join the fun and get fit! Full details on HRP sessions at <u>https://hawaiirunningproject.wordpress.com/</u> or Instagram @hawaiirunningproject

- Honolulu Marathon Clinic, 7:30 am, Kapiolani Park on Paki Avenue side, Mid-March through December. <u>https://www.honolulumarathonclinic.org/</u>

- Windward Training Freaks, Kailua, Check Facebook at <u>https://</u> www.facebook.com/groups/windwardtrainingfreaks